



# How to Use

## “My Fabulous Crochet Day”

### Print

You can print this page as many times as you'd like.

Staple them together or use a hole puncher and collect them in a binder.

Track your progress on big projects or just keep it as a journal of some great crochet days!

### Canva Template

If you'd prefer to keep a digital record you can use the link below to see the Canva template.

Save a copy as your blank template first.

Then save another copy with today's date in the title and add your notes.

You can print or save after the day is over.

### Canva Template Link

There are more pages available in this set! See my [Garden Mandala Crochet Binder listing on Etsy](#).

Background image is my mosaic crochet sample of "Garden Mandala".  
<https://ashleeslint.com>

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Date \_\_\_\_\_

(M)(T)(W)(T)(F)(S)(S)



# My Fabulous Crochet Day

Tasks

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Top Priorities Today


I am Grateful For:


Every 15 minutes: cross off a marker here and  
do a quick stretch!  
Eyes, wrists, forearms, shoulders, back and hips!


20 Minute Stretch AM ☐ Y  
20 Minute Stretch PM ☐



Notes